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KINGSTON
 BUSINESS EXCELLENCE
AWARDS
 2018

Welcome to our monthly newsletter

The last month has been a very busy time for Oxygen. We hope you find our newsletter engaging and informative. For more information on our regular activities, please visit our website: www.oxygen-online.org

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GDPR

REMEMBER TO OPT-IN TO STAY IN TOUCH WITH OXYGEN

This is a reminder that in order to continue receiving communications from us, you will need to opt in by using the form below. Separate emails with this link have already been sent and a reminder email will be sent this week. Thank you to those who have already opted in.

Annual General Meeting 2019

On the 1st July at 7pm we had our Annual General Meeting at Kingsnympton Park Estate. The Team, our Trustees, the major, some of our supporters, people who were just interested and amazingly many parents with their kids came for about 2 hours together to talk and hear about what Oxygen has achieved over the year.

Next to the necessary parts of an AGM, such as Finances and votes for staffing different posts, we shared news and impressions about the boat trip residential (you can read more about in an article below), our What's the Point? program, which was very generously funded by the Home Office again what made us able to help other people starting it in other parts of London

as well, and about our Charity Shop in New Malden High Street, where we achieved a great deal during its first year, including upcycling and craft workshops, two auctions and it even got fairly well known as Aladdin's Cave or the quirky shop with the amazing friendly atmosphere, where you can just go for a chat.

But the highlight of the evening was when the major handed out awards for the young people we invit

ed from all over our different projects. Some of them had won a Jack Patchey Award and others were nominated by us e.g. for most enthusiastic young person or best contributions to the group. After the official part of the meeting we stayed together for a little longer to have some food and refreshments, to talk or, in case of the young people, play some Parachute games.

To sum up you can say that it was a good evening with a rich conversations and a nice atmosphere which actually might have persuaded some of the boy's from Room1 to start coming to Kingsnympten as well...



Are you free on Sunday 21st July? Do you want an enjoyable day by the river? Yes? Then sign up to one of the places in Oxygen's dragon boat!

For more information please visit:

<https://www.oxygen-online.org/dragon-boat-kingston>

Our work at New Malden Baptist Church

In the last couple of weeks (half term not included) we had a small series called "Prove it" at Club 629. We talked about what prove there is that Jesus really existed and what the young people think about it. We looked at historical evidences and the bible which can also be seen as historical document due to its historical efficiency. Another part of the series was to look at and discuss different theories to undermine Jesus resurrection and also why they don't really make any sense. Finally we talked about what difference it would make to the young people's life if they had prove that Jesus really existed, died and came back to life.

Moreover we had a session about the sensibility of keeping secrets, when and how to share them and who to share them with.

In our last session we had a BMS Action team visiting us. The three people shared their experiences of doing a gap year in Kolkata and how this changed their view of the world and helped them to grow in their faith.

All these topics and discussions were of course accompanied by many games and fun activities and it was amazing to see how all the young people engaged in the sessions in their own ways.

Next to Club 629 we we are involved in other youth groups in the Church including the Sunday morning teenager group Over&Out which started a series called "Experiencing God in the Psalms". There we look at different aspects in the Psalms such as anger or God's holiness.



In the time slot of the Sunday afternoon group our youth worker Frederike, who is responsible for our work at NMBC organised a Church Cinema on the 26th May. About 20 people gathered to gather to watch The Shack and enjoyed a verity of fruits, popcorn, crisps, and juices. It was a very moving evening.

On the 9th June there also was a Worship Afternoon with Tea, Coffee and biscuits and little handmade song books between 3 and 5pm. It was a time of prayer and worship to celebrate Pentecost.

Germany Evening

29th of June 2019
at
New Malden Baptist Church
KT3 5BE
6-9PM

Join us for our German quiz night.
Enjoy German food, music and also a tombola.
£10per person

Please contact Frederike to book and for more information
Tel:07513677490
E:frederike@oxygen-online.org

OXYGEN
Believing in young people

German Fundraiser Evening

On the 29th June we finally had our Germany Themed Fundraising Event at New Malden Baptist Church and although it was the hottest day of the year so far we had a good attendance of 30 people.

All of the 5 groups really enjoyed the Germany quiz with different categories like Politics, History, Geography or Language and a city picture round. A really good feedback was also given about the little roleplay about the cultural differences between England and Germany our two German gap year volunteers did based on their experiences.

There was plenty of food to try. We had "Bockwurst im Brötchen", a German Sausage in a baked roll served with "Sauerkraut" and a variety of salads including a typical German potato salad. Afterwards there was an Apple Strudel and Black Forest Gateau to choose from.

It was a lovely evening with German music in the back- and joyful people in the foreground.

Shop

In the last couples of weeks the shop has been really busy. There have been a lot of new donations to go through. Luckily we had the help of many fabulous young volunteers and of course our great volunteers who are regularly coming and make it possible to run the shop.

Also there has been a special event on the 6th of July, the New Malden Fortnight Parade, where we as a shop team took part and had a lot of fun dressing up for it and distribute flyers and sweets to the people in New Malden.



New Malden Fortnight Parade

As it is a tradition in New Malden there was a parade up the High Street on July the 6th, the first Saturday of the New Malden Fortnight. This year's topic was Screen Heroes. So if you would have been walking up or down the High Street on that Saturday between 2 and 3pm you would have seen a colorful group of people looking like Hermine, Cat Women, Indiana Jones, Doctor Who or Clint Eastwood between some Charlie Chaplins, a local Heritage Fund and loads of small little Corpus Christie Super Heroes.

We've been the third in the parade which was amazing because we were very close to the lorry with the band ATOM on top. They really did a good job in putting everyone in a good mood. It was great fun. We were handing out sweets and 10% off vouchers for the Charity Shop which nearly all went. I don't know which place we made in the rating in the end but it doesn't really matter because it was just nice raising awareness of our great shop and seeing all the smiling faces looking at us.

Room1

Over the last few weeks in Rm1 we talked about role models and what our personal role models are. The Boys also had a lot of fun making pizza and one of the boys discovered his love to make apple crumble for everyone, so he kept on doing it for many sessions, what all the boys appreciated. Moreover the boys also had many passionate FIFA and pool matches and they enjoyed learning new card games. Now they are looking forward to the summer holidays to see other places, just relax and gather strength for a new school year with new challenges.

Julia's Gap Time Review

Now it's only 1 month left till I finishing my gap year and going back to Germany. I am really glad that I had the opportunity to do this year with Oxygen. I really enjoyed the time in England, throughout it wasn't always easy. Especially in the beginning I had to learn to get used to the English way of life and to understand the language.

The best thing in this year was to learn so many new things, get used to live in another country and culture, meet so many new people and expand my horizon. For example before I came to work for Oxygen I haven't really known that knife-crime is such a big issue and I couldn't really believe it till I read it always in the newspaper and took part in a big anti-knife-crime conference.

Moreover it was amazing to work with so many different young people and to see how they developed over this period of time.

It was really nice to be a part of the Oxygen team, because everybody was so friendly and welcoming to me that it felt more like a big family and I will definitely miss them.



Our Boat Trip Residential

Between the 27th and 29th June Oxygen took 6 young people on a boat trip and leadership training on the Thames. The River Thames Boat Project provided us with the barge named Themes Voyager and a lovely crew: Peter, Terry and Marilyn.

During the trip the young people and us learned steering a barge, how to get through locks and to tie some knots.

We drove all the way up to Windsor Castle and back to Kingston, where we started.

But it was not everything about the boat, we also did a bat hunt and night walking tour with the children and visited three Magna Carta Monuments (which are all quite close to each other).

The main part of the trip was the leadership training for the young people. This included that they did and organized the cooking, prepared three different sessions in teams about Trust and Communication, Identity and Teamwork and all of this of course with a little support from us and the crew.

It was a really good time with interesting discussions, a ride in a dingy and a legendary football game...





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info@oxygen-online.org

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